





Complete formula based on selected vegetable extracts, Melatonin and Vitamin B6 specifically designed to support a physiologic rest and a regular sleep-wake rhythm

DESCRIPTION	SUPPLEMENT IN TABLETS
PACKAGE	45 tablets
INDICATIONS	Support for a physiologic rest and sleep, reducing the time of falling asleep and night awakenings. Notty® can be useful to promote a physiologic relax in case of anxiety or stress.
	Notty® can helps travellers, especially those that carry long distances, to minimize jet-lag effects.
SERVING	1 tablet a day in the evening before bedtime or in case of need. For travellers, the beneficial effect is obtained if the product is taken close to bedtime on the first day of travel and on the following few days after arrival at the destination.
REGULATORY STATUS	Food supplement. Label notified at Italian Ministry of Health, October 2013 Manufactured in Italy by Authorised Manufacturer
NOTES	Gluten free

COMPOSITION

Ingredients	mg per tablet	% VNR per tablet
Sedax [™] - Complex of vegetable extracts		
Valerania officinalis L, roots, d.e. 0,8% valerenic acid		
Eschscholtzia californica Cham, herb, d.e. 2% total flavonoids	250 mg	-
Crataegus curvisepala Lind, aerial parts, d.e. 1% total flavonoids		
Passiflora incarnata L, aerial parts, d.e. 4% total flavonoids		
Melissa officinalis L, leaves, d.e. 3% rosmarinic acid		
Melatonin	5 mg	-
Vitamin B6 (Pyridoxine hydrochloride)	6 mg	428%
	(as Vit. B6)	
Excipients	Up to the final weight	
Final weight/tablet	500 mg	